First Christian Reformed Church

HONOR GOD
SERVE OTHERS
TRANSFORM LIVES

All announcements due in the office by 12:00 noon Thursday
Phone: 920-324-2898    email: waupuncrc@gmail.com
Pastor Harv: 616-402-1342

Last Week’s Offerings
General Fund: $8,850

May’s Cause is CWC Debt Reduction

While we are unable to worship together, please remember that most of our financial needs continue. The deacons ask that you use one of the following methods to ensure that your gifts are still received in a timely manner:

- Mail in your gifts to church - PO Box 32, Waupun, WI 53963
- Use your bank’s online bill-paying utility
- Use church’s online giving software (if you’re not already signed up, contact Randall Greenfield to do so)

NOTE: There are no church office hours during this time, but please feel free to call Allegra (318-1265) or Lois (318-1723) if you need something or have a question. Thanks.

Our Family

May Birthdays
Taylor Aalsma    25    Marge Vande Streek    28
Elijah Jansen    26    Lennette Aalsma     30
Sandy Greenfield 27    Jenna Schouten 30
May Anniversaries
Mike & Rachel Hoffman 24
Wayne & Faith Miedema 27

If you or a child of yours is graduating from any type of educational program, please send a picture and any plans to waupuncrc@gmail.com TODAY! Thanks.

As you pray this week, please remember these people:
• Janet Ver Hage as she is on a new trial drug.
• Carlie Jansen, as she recovers from surgery.
• Laura Ten Pass as she continues with cancer treatments.
• Leanne Johnson, continue to pray for healing.
• Paul Vande Kolk as he is receiving treatment for lung cancer.
• Carol Navis, as she is now on hospice.
• Kathy Kamphuis, as she recovers from surgery.

We ask for your prayers today for Ann Hoekstra. Ann has not been feeling well, and she currently has problems with her liver and her blood levels. In the past week she has needed two transfusions. We ask that you pray for an accurate diagnosis for Ann and for healing. In addition, we ask that you pray for encouragement for Ann and Bill and their family.

It can be easy to forget about those that we don't see every week, so we are including a list of shut-ins within our congregation. We hope that you will take some time to visit, send cards, and pray for these members of our family. As Romans 12:10 says, "Be devoted to one another in brotherly love. Honor one another above yourselves."

• Wilma Navis • Jeanette Tjepkema

Church News
The executive committee met last night to discuss the timing of coming back to worship in person. We decided that we will continue to do services online as we have been through June 14. Between now and June 14, we will monitor national and local guidelines as well as how other churches are handling coming back to worship in person. We do desire to be together but we also want to be as safe as possible and love our neighbor. We continue to look at options for how to worship together such as a drive-in service or worshipping in the sanctuary in smaller groups. We welcome any input that you have and will keep you informed about future plans.

Pastor Harv and Kathy will be driving to Lynden, WA, to visit his mother who is living alone and has no family nearby. This is not an emergency but they
thought that it would be a good time to visit. Some of this is vacation but for much of the time Pastor Harv will be working as usual. If you have concerns feel free to email, text or phone him. They plan to return to Waupun by June 4.

We have been able to convert the video of the Sunday services to an audio file and CD. If you would like to receive a CD of the services during this time of social distancing, please contact Allegra at 318-1265.

**Church Directory Update:** New phone number for Carol Navis: 210-9989.

We are looking to hire a part-time **Worship Coordinator/Leader**. You can see the position description on our website at [http://www.waupuncrc.com/editoruploads/files/Worship_Leader_Job_Description.pdf](http://www.waupuncrc.com/editoruploads/files/Worship_Leader_Job_Description.pdf). If you are interested, please contact Steve Homan.

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<tr>
<th>Group</th>
<th>Elder</th>
<th>Deacon</th>
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<tr>
<td>1</td>
<td>Joe Durant (2022)</td>
<td>Jon Mulder (2021)</td>
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<td>2</td>
<td>Merle Schouten (2020)</td>
<td>Joe Bresser (2020)</td>
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<td>3</td>
<td>Keith Venhuizen (2022)</td>
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<td>5</td>
<td>Dan Montsma (2022)</td>
<td>Eric Schaver (2022)</td>
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<td>7</td>
<td>Steve Homan (2020)</td>
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<td>8</td>
<td>Kevin Buwalda (2021)</td>
<td>Andy Schlieve (2021)</td>
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If you had painful skin, one of the last things you would apply to it would be hot peppers. Not only do hot peppers burn the mouth, some can even blister the skin.

Yet in South America, ground hot peppers have been used for centuries to help relieve pain. Scientists have discovered the active ingredient in peppers that relieves skin pain. This substance blocks the pain signals that come from the nerves just under the surface of the skin. The "hot pepper" sauce for skin not only causes no pain, it relieves pain that doesn't respond to any other treatment. It's available in creams and ointments that, tests show, relieve pain in two out of three people.

Conventional wisdom says that medicines that are found in natural plants were discovered by accident. Someone might accidentally discover a relationship between a person's having eaten a certain plant and then getting well. They would try the same plants on others with the same disease. If they found that there were more cures, the plant would be remembered as a folk medicine.

The "hot pepper" pain reliever for skin tells us that there's a problem with this theory. People who have a painful skin condition are not likely to apply a pepper sauce. Doing that would be expected to make their skin more painful and cause it to blister. However, it's possible that our Creator originally gave humans some knowledge of the cures for our ills – cures that He wisely built into creation.

Ref: Check, William A. "Hot peppers for pain." Los Angeles Times (Reprinted in Reader's Digest). Photo: Pixabay
UPDATE Regarding the Summer Bag Lunch Program

The Waupun Area School District Board voted last night that they would continue to provide meals through June 30 with the possibility of continuing through July and August dependent on a DPI waiver. In case you’re unaware the school district has been providing breakfast and lunch Monday through Friday to any minors that live in the district, no questions asked – they just need to sign-up each week. The district distributes these meals at Rock River Intermediate School and Sages and delivers some as well. This is a great outreach for them and a great way for them to keep connected with these families.

Since the school district is providing the meals through June, Terri at the food pantry and myself thought it would be best to not serve lunches at the Community Table in June. This will alleviate concerns that many of you had regarding volunteers and how to safely do this during our current pandemic. If the district decides to provide lunches in July and August, we will not be opening the Community Table for bagged lunches then either. I am hoping we have an answer to that question by mid-June and I will be in contact with you.

The district will bring any leftover lunches to the food pantry for distribution by Terri and the food pantry volunteers for anyone who may show up at the Community Table. I will place a sign on the door of the Community Table with information on how people can get lunches. The district will be putting information out letting families know about lunches. When I see this on Facebook, I will let you know and I encourage each of you to have your church share that info on your church Facebook page as it will be important that we get this information out to the community since it is different than normal.

You may be wondering how you can help. Many of you will have volunteers that are still willing to help and most likely your church already has the funds set aside to provide lunches. To the churches that are signed up in June I encourage you to help in any of the following ways:

- We still have dates that will need to be covered in July (July 6-9 and July 13-16). Obviously, this is only if the DPI waiver does not go through and the district will not be providing lunches through July and August. If you would like to reserve one of those weeks, please let me know.

- The district will be looking for 1-2 volunteers to help distribute lunches. The lunches are already prepared. I strongly encourage you to look into this and reach out to your congregation to help with this. For more information on this, please contact Amber McLinn at the Waupun Area School District. She may be reached at 920.382.0248 or amclinn@waupun.k12.wi.us

- The district will most likely be keeping one staff member on through June (or the summer – again depending on DPI waiver) to be in charge of organizing the distribution. Keeping this staff member on through part
or all of the summer is not in their budget. It would be helpful to the district if funds were donated to help offset this. Again, please contact Amber McLinn at the Waupun Area School District if you’d like more information on how to contribute in this way.

- The district has an Angel Fund set up that is used to pay for outstanding lunch accounts. Donations can be made to this fund and will be used to pay off any lunch account balances that have been outstanding for a longer period of time and they do not expect to see paid.
- REACH’s Mission Backpack program is currently sending home about 90 backpacks per week. This is quite an increase to the normal amount they send home. Donations can be made to help with this as well. For more information you may contact REACH or Amber McLinn.

To the churches signed up in June, I encourage you to talk with your church leadership and determine the best route for your church. There are many ways you can still help – it will just look a little different.

To the churches signed up in July and August, I will be in communication as I have more info regarding the rest of the summer. I do encourage you to let your benevolent treasurers know about the above needs in case they have funds available that they’d like to use towards any of those causes.

Please be in prayer for each of the churches as they decide how to best serve, pray for the school district members and volunteers involved in running the meal program, and pray for the families that will be reached.

If you have any questions, please let me know. 920.210.9922

Thank you!

*Megan Vande Zande*
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