

## First Christian Reformed Church



All announcements due in the office by 12:00 noon Thursday

Phone: 920-324-2898    email: [waupuncrc@gmail.com](mailto:waupuncrc@gmail.com)

Pastor Harv: 616-402-1342

### Last Week's Offerings

**General Fund:** \$2,390

**World Renew:** \$310

April's Cause is World Renew.

May's Cause is CWC Debt Reduction

While we are unable to worship together, please remember that most of our **financial needs continue**. The deacons ask that you use one of the following methods to ensure that your gifts are still received in a timely manner:

- Mail in your gifts to church - PO Box 32, Waupun, WI 53963
- Use your bank's online bill-paying utility
- Use church's online giving software (if you're not already signed up, contact Randall Greenfield to do so)

**NOTE:** The main doors of church will be open on Thursday, April 30, from 1-2 p.m. for anyone who would like to pick up the TODAY and the other handouts we've received. Please feel free to call Allegra (318-1265) or Lois (318-1723) if you need something or have a question. Thanks.

### Our Family

**May Birthday**

Sue Buwalda

**As you pray this week, please remember these people:**

- Janet Ver Hage as she is on a new trial drug.
- Carlie Jansen, as she recovers from surgery.
- Laura Ten Pass as she continues with cancer treatments.
- Leanne Johnson, continue to pray for healing.
- Paul Vande Kolk as he is receiving treatment for lung cancer.
- Carol Navis, that she continues to do well.
- Karen Aalsma, as she is receiving treatment for cancer.
- Kathy Kamphuis, as she recovers from surgery.
- Helene Navis' sister, Sharon Harmsen, as she has been diagnosed with myeloma, a blood cancer.
- Ann Hoekstra, as she was admitted to Beaver Dam Hospital on Monday. Pray for healing for Ann and God's comfort for Bill and Ann.

We extend our sympathy to Jim and Lois Groenewold in the passing of her brother, Wayne Kok, on April 15. Wayne was a resident of Huron, South Dakota. We ask that you keep Lois, Jim, and the family in prayer at this time.

Tom and Pat Jonker ask for your prayers for his parents. They are in a home in Illinois and have been exposed to COVID-19. Please pray for the Lord's protection.

It can be easy to forget about those that we don't see every week, so we are including a list of shut-ins within our congregation. We hope that you will take some time to visit, send cards, and pray for these members of our family. As Romans 12:10 says, "Be devoted to one another in brotherly love. Honor one another above yourselves."

- Wilma Navis
- Jeanette Tjepkema

**Church News**

We have been able to convert the video of the Sunday services to an audio file and CD. If you would like to receive a CD of the services during this time of social distancing, please contact Allegra at 318-1265.

Also, if you currently don't have internet in your home and have an opportunity to gain that access, please check out our website ([www.waupun.crc.com](http://www.waupun.crc.com)) for the services AND twice weekly devotionals from Pastor Harv.

We are looking to hire a part-time **Worship Coordinator/Leader**. You can see the position description on our website at

[http://www.waupuncrc.com/editoruploads/files/Worship\\_Leader\\_Job\\_Description.pdf](http://www.waupuncrc.com/editoruploads/files/Worship_Leader_Job_Description.pdf). If you are interested, please contact Steve Homan.

If you or a child of yours is graduating from any type of educational program, please send a picture and any plans to [waupuncrc@gmail.com](mailto:waupuncrc@gmail.com). Thanks.

JUST FOLLOW - Check out our children's programs at [www.kidscorner.net](http://www.kidscorner.net). In this week's episode, "Just Follow," when Liz and Spike ask tough questions about Christianity, Grandpa responds by giving them an adventure map to follow. Why a map? How does this map help answer questions about following Jesus? Listen now at [kidscorner.net](http://kidscorner.net) and subscribe to KC's weekly emails for future episodes. Download KC's 10 Commandments Bookmark to help with your bible reading and daily devotions. [kidscorner.net/activities](http://kidscorner.net/activities).

### **Other News**

**Camp Calvin is aware of Coronavirus** and current recommendations from health professionals. As of now, we plan to hold camp as usual, June 22-27, 2020, for students entering grades 4-9 (cost will be \$370). Please register for camp with full confidence that your health concerns will be considered. There will be NO PAYMENTS taken at this time for registrations, until we know more about the future of Coronavirus and any affect it may have on the scheduling of Camp Calvin. **If you plan for your child to attend Camp Calvin, pending no hinderance from the virus, please register them so that we can continue to make appropriate plans for staffing, etc.** You will receive a future email when we are ready to accept payments.

It's that time of year where we start preparing for the **Summer Bag Lunch Program at the Community Table**. If anyone would like to volunteer to prepare and serve bag lunches, please call 920-210-9922 to sign up. The only weeks left are July 6-9 and July 13-16.

<b><u>Group</u></b>	<b><u>Elder</u></b>	<b><u>Deacon</u></b>
1	Joe Durant (2022)	Jon Mulder (2021)
2	Merle Schouten (2020)	Joe Bresser (2020)
3	Keith Venhuizen (2022)	
4	Gary De Jager (2021)	Brian Van Herwaarden (2022)
5	Dan Montsma (2022)	Eric Schaver (2022)
6	Tom Jonker (2020)	Randall Greenfield (2020)
7	Steve Homan (2020)	
8	Kevin Buwalda (2021)	Andy Schlieve (2021)

# CREATION MOMENTS

*Proclaiming Evidence for Truth*

## THIS WEEK'S CREATION MOMENT

### The Brain and Your Health



*Finally, brethren, whatsoever things are true, whatsoever things [are] honest, whatsoever things [are] just, whatsoever things [are] pure, whatsoever things [are] lovely, whatsoever things [are] of good report; if [there be] any virtue, and if [there be] any praise, think on these things. (Philippians 4:8)*

Medical researchers are learning that your thoughts can affect your health. The cells that make white blood cells can be directly controlled by the brain through nerves. Using the language of hormones, the brain, as well as individual nerve cells, can direct the abilities of immune cells to kill invaders. Immune cells also communicate back to the brain using hormones. It has been shown that stress and highly emotional states can make this communication less efficient, hampering the immune system.

Macrophages are large amoeba-like cells that rebuild injured tissue and devour bacteria, viruses and anything else that should not be in wounded tissue. These amazing little cells can even eat iron filings. But chemicals produced by the body during times of stress – for example, during prolonged periods of feeling helpless – actually make macrophages very sluggish.

A word of caution: While many New Agers have selectively used some of these findings to promote their pagan ideas about medicine and health, there is nothing mystical going on here. Not only does this link between our brain and our health once again glorify the Creator, it supports biblical truth. Philippians 4:8 ends with these words: "...if [there be] any virtue, and if [there be] any praise, think on these things." Not only is this advice good for the soul, it is good for the body.

Ref: Wechsler, R. 1987. "A new prescription: mind over malady." Discover, Feb. p. 51. Photo: Macrophage. (CC BY-SA 2.0)

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## The following two articles are from CRC Communications:

### Handwashing Stations in Haiti for COVID-19

April 22, 2020



When news of the coronavirus hit Haiti, the message to wash hands was loud and clear to the public—but the means to wash hands wasn't accessible for everyone.

Access to clean, fresh water is a major concern in Haiti every day. During a

pandemic, the need for clean water is even greater.

One [Resonate Global Mission](#) IMPACT club decided to fill that need.

A Resonate initiative, IMPACT clubs equip and empower young people to be servant leaders in their communities. A core value that young people learn through being part of an IMPACT club is to be an “active citizen”—not waiting for others to take action, but to step up and fill needs in their neighborhoods. To be the hands and feet of Jesus.

IMPACT club leaders constantly encourage young people to think of ways they can solve problems in their communities and serve their neighbors. And even though IMPACT clubs cannot meet together during the pandemic because of restrictions on the number of people allowed at gatherings, the IMPACT club of Delmas 24 (named for their road and neighborhood) saw a problem and wanted to fix it. They wanted their families and neighbors to be able to safely wash their hands.

“Some junior leaders took initiative and saw this as a way to use [their] training,” said Jean Fevrier Cherubin, who leads Resonate’s IMPACT clubs in Haiti.

A few young leaders gathered together, made a plan, presented it to their club leader, and then mobilized their IMPACT club into action. With the resources already available to them, the club set up a handwashing station using a 50-gallon barrel of clean water.

"It is wonderful to see young people empowered and understanding they don't need to wait on anyone else to take action," said Johnny Gryglewicz, a Resonate missionary in Haiti who works with IMPACT clubs as a leadership developer.

Johnny said that it's also encouraging to see young people use resources that are already available to them. Many people feel hopeless—and wait for others to change their community and situation—because they don't have the resources *they think* they need to help their communities.

"What we love about IMPACT is that we teach them that everyone can do something," said Johnny. "We don't need to sit on the gifts and talents God already gave us. IMPACT teaches us that we all have resources, even if it is our own hands and feet."

The Delmas 24 neighborhood is putting the handwashing station to good use, and other IMPACT clubs in Haiti also have the materials and plans to set up handwashing stations in their communities.

"I am proud of them," said Fevrier. "The most important core value of IMPACT ... is being a servant citizen and showing God's love in the way they are loving and serving their community."

Thank you for empowering and equipping young people to be the hands and feet of Jesus in their communities through Resonate partner IMPACT clubs!

*Cassie Westrate, Resonate Global Mission*

## A Pile of Clothes Serves a Deeper Purpose

April 22, 2020

On a cold and dreary day in mid-March when the COVID-19 pandemic hit Michigan, Freshta Tori Jan left her dorm room behind and headed to her home in Rockford, Michigan.

Tori Jan, a second-year student studying political science and pre-law at [Calvin University](#) who

grew up in Afghanistan, was doing what many students across the country were doing at that time, transitioning from residential to online education for the remainder of the semester.

Upon returning home on this cold afternoon, she decided to sip on some tea and turn on the news, and ... "I hear that the homeless have been hit the



hardest by COVID-19,” said Tori Jan. “That touched my heart and I couldn’t imagine what they could be going through.”

Homeless shelters were closing because of the fear of the virus spreading, meaning access to showers, food, lodging, all were now in jeopardy for an already marginalized population.

“I didn’t know what to do,” said Tori Jan.

But that didn’t stop her from thinking.

## **From uncertainty to action**

Tori Jan saw a big pile of clothes on her floor that she intended to take to Goodwill. But, the stores were closed. And good thing they were, because that pile of clothes had a bigger purpose.

“I remember growing up back home, all girls were required to learn how to sew,” said Tori Jan who grew up in Afghanistan. “Why not use my basic skills to help make masks for the homeless?” she wondered.

That thought turned to action.

“I remember this one day we were taking the masks downtown and people driving by saw us and asked: are you selling these masks? We said ‘no, they are free, they are for the homeless,’” recalled Tori Jan.

But people insisted they wanted to pay for them, and Tori Jan said the requests to make masks just kept coming in. So much so, that on April 8, 2020, she decided to open an online store.

“I can make these masks and customers can either purchase for themselves, for their family or friends, or they can make purchases for the homeless and I can deliver them downtown,” said Tori Jan.

## **A passion shaped by suffering**

Growing up in Afghanistan, Tori Jan’s family faced injustices daily. Her parents were tortured, some of her close friends were killed. She faced religious persecution, and in eighth grade, she said the Taliban shut down her school.

“I was so broken, I felt this was so unfair, this couldn’t be the end of my dreams, this couldn’t be the end of me trying to make a change in my country, around the globe, in any way that I can.”

And it hasn’t. These events shaped her.

Before her senior year of high school, Tori Jan moved to west Michigan with a passion to work and serve toward her mission “which is fighting inequality in any system in any way that I am able to,” said Tori Jan.

### **Living out her mission wholeheartedly**

She applied to and was accepted to a number of colleges and universities. “I kept praying for God to show me what school was right,” said Tori Jan. “I can’t explain how many different signs there were that Calvin was the right school.”

Her experience so far at Calvin has confirmed that calling, equipping her and supporting her as she lives into her mission.

“When I started at Calvin, I got so much support, I was able to get involved in a lot of organizations, I was able to go to a number of conferences and really able to work and serve toward my mission.

“I got a lot of help from my professors who were always encouraging me, always writing my references ... just working at Calvin’s Career Center, I felt like I was surrounded by family that would constantly pray over me, that would anoint me. Every time I’d go speak at a conference, everyone there would pray over me. Calvin has a very special place in my heart, and I can’t imagine how else it would have been if I hadn’t been here,” said Tori Jan.

Tori Jan says the proceeds from the masks sold on her online store will help fund supplies to make masks and will also go towards feeding the homeless. To learn more about Tori Jan’s story and mission, visit [sewtrueproducts.com](http://sewtrueproducts.com).

*Matt Kucinski, Calvin University*